

Am I a **Bully?**

Do I . . .

- Steal money or other stuff from kids?
- Start fights, hit kids for no reason or because I like it, or help a bully beat up on someone else?
- Tell lies or say mean things about someone?
- Make others feel worthless?
- Gang up on someone or push kids down?
- Not treat others the way I want to be treated?

because of who someone is or how they look or act?

Why

Bullying

is wrong . . .

- You can get hurt or hurt others
- You can hurt someone else's feelings
- You can lose friends
- You can get in trouble

Remember:

- Be part of the solution
- It's ok to say

STOP IT
to your friends

**STOP
BULLYING
IT
BEFORE
IT
STARTS**

If I am being **Bullied . . .**

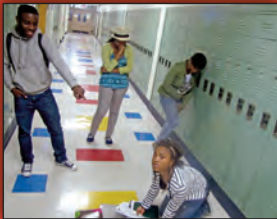
■ **Tell someone**

- Your parents, brothers, sisters, grandparents, other family
- Your close friends
- Your teacher, counselor or principal
- Your coach
- Your crossing guard, school police officer, recess monitor or safety patrol
- Your pastor, imam or rabbi
- Your tutor
- Anyone you feel safe with

. . . and keep telling until it stops

■ **What else can you do?**

- Tell the bully to stop
- Don't laugh at something a bully is doing
- Ask others to join in your activities
- Be nice and friendly to others



Remember:

■ **Be part of the solution**

■ **It's ok to**

TELL SOMEONE

**State Senator
Anthony H. Williams**

DELAWARE COUNTY OFFICE

419 Church Lane

Yeadon, PA 19050

(610) 284-7335 • Fax: (610) 284-5955

WEBSITE

www.senatoranthonyhwilliams.com



ADVOCATING FOR CITIZENS' RIGHTS

www.stopbullying.gov • www.cartoonnetwork.com/promos/stopbullying/ • www.bitstripsforschools.com/stopbullying/