

STATE SENATOR

ANTHONY H. WILLIAMS

in partnership with Health Partners & West Philadelphia YMCA

Presents



WALKING THE WALK

HEALTH WALK AND FAIR

Saturday, October 10, 2009

8:30 a.m. - Noon

Laura Sims Skate House • 63rd & Walnut Streets



2 mile and 4 mile walks - Perfect for all fitness levels and ages.

8 a.m. Stretch • 8:30 a.m. Walk • 10 a.m. Health Fair

Health Fair located inside the Skate House after the walk.

Rain or Shine!

Free information available related to living a healthier lifestyle.

Take Charge of your Health!

FOR MORE INFORMATION & TO RSVP CALL (215) 492-2980